

# Pool Timetable Monday 2 September – Tuesday 31 December

Please see the website for Christmas opening hours.



## MAIN POOL

	6am	7am	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	
<b>Monday</b>		Public lane swim			Aqua Aerobics	Public swim*	Private Hire		Pool closed**		Swim School			Public swim**	Aqua Aerobics	Adult lane swim		
<b>Tuesday</b>	Swim Club	Public lane swim		Leisure 50s		Swim School			Schools**	Public lane swim**		Swim School		Swim Club	Aqua Aerobics	Adult lane swim		
<b>Wednesday</b>		Public lane swim			Aqua Aerobics	Swim School			Schools**	Public lane swim**		Swim School		Public swim***		Public swim	Staff training	
<b>Thursday</b>	Swim Club	Public lane swim		Leisure 50s		Schools**			Schools**	Public lane swim**		Swim School		Swim Club	Public swim***	Aqua Aerobics	Public swim	Sub Aqua
<b>Friday</b>		Public lane swim			Schools**	Public swim*	Private hire		Schools**	Public lane swim**		Swim School		Public swim		Swim Club		
<b>Saturday</b>	Pool closed**	Public lane swim				Swim School				Public swim			Birthdays parties		Birthdays parties		Birthdays parties	Pool closed**
<b>Sunday</b>	Pool closed**									Public swim		Assisted lessons		Swim Club			Staff training	

## CHILD SUPERVISION

### 0-7 years:

- One adult to two children
- Must be accompanied both in the changing rooms and the water by an adult
- The person accompanying the child should be over the age of 16 or the biological parent (if younger)
- The accompanying person must be in the water, maintain constant watch and be in close contact.

### 8 years and over (non or weak swimmers):

- Supervision in the water is required
- The person accompanying the child should be over the age of 16 or the biological parent (if younger)
- The accompanying person must be in the water, maintain constant watch and be in close contact.

### 8 years and over (competent swimmers):

- No supervision needed

## SESSION INFORMATION

Swimming pool water temperatures are regulated between 27°C-29.5°C which follows the HSE guidance.

Last entry is 30 minutes prior to session end

Customers may be asked to leave the pool to get changed at the end of a session.

During school holidays school sessions will become public swim.

Programme subject to change without prior notice, including during school holidays.

Unless stated there is generally one double lane provided during public swims.

The Laura Trott Leisure Centre reserves the right to alter the number of lanes provided during any public swim session.

*All information printed in this publication was correct at the time of going to print. However, it is subject to change.*



BOROUGH OF BROXBOURNE  
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## LEARNER POOL

	6am	7am	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
<b>Monday</b>					Fun toy swim		Swim School		Pool closed**		Swim School			Public swim		Pool closed**	
<b>Tuesday</b>					Leisure 50s	Swim School	Public swim		Schools**	Pool closed**		Swim School				Pool closed**	
<b>Wednesday</b>					Fun toy swim		Public swim		Schools**	Pool closed**		Swim School			Public swim	Pool closed**	
<b>Thursday</b>					Leisure 50s	Schools**	Public swim		Schools**			Swim School				Pool closed**	
<b>Friday</b>					Schools**	Swim School	Public swim		Schools**	Pool closed**		Swim School		Public swim		Pool closed**	
<b>Saturday</b>							Swim School			Public swim						Pool closed**	
<b>Sunday</b>	Pool closed**									Public swim		Assisted lessons				Pool closed**	

\* Deep end only. \*\* Subject to change during school holidays. \*\*\* No lanes for this public swim.