

Laura Trott Leisure Centre re-opening timetable July 2020

The gym will be open for pre-booked one hour sessions. The gym will be closed after each session for disinfecting.

Monday to Friday

GYM sessions start at: 6am, 7.30am, 9am, 10.30am, 12 noon, 1.30pm, 3pm, 4.30pm, 6pm, 7.30pm, 9pm

45 minute circuit sessions in the sports hall start at: 9.15am, 10.45am, 6.30pm, 7.45pm

30 minute stretch sessions in the sports hall start at 12.30pm

Badminton courts open from 12noon to 6.30pm. Must bring own rackets.

Saturday and Sunday

GYM sessions start at: 7am, 8.30am, 10am, 11.30am, 1pm, 2.30pm, 3.45pm, 5pm

45 minute circuit sessions in the sports hall start at 9.30am

(No stretch sessions or evening circuits)

Badminton courts open from 10am to 6pm. Must bring own rackets.

The John Warner Sports Centre reopening timetable July 2020

The gym will be open for pre-booked one hour sessions. They gym will be closed after each session for disinfecting.

Monday to Friday

GYM sessions start at 6am, 7.30am, 9am, 10,30am,12noon, 1.30pm, 3pm, 4.30pm, 6pm, 7.30pm, 9pm.

45 minute circuit session in the sports hall starts at 6.30pm.

Saturday and Sunday

GYM sessions start at 7am, 8.30am, 10am, 11.30am, 1pm, 2.30pm, 3.45pm, 5pm.

45 minute circuit session in the sports hall starts at 9.45am.